

GROCERY LIST

PRODUCE

APPLES
 BANANAS
 ORANGES
 GRAPES
 MELON
 STRAWBERRIES

CARROTS
 CELERY
 BROCCOLI
 CAULIFLOWER
 ONIONS
 TOMATOES
 POTATOES

Deli

MEATS
 CHEESE
 SALADS
 BREADS

Dairy / Cold

MILK
 CREAM
 BUTTER
 EGGS
 YOGURT
 CHEESE
 COTTAGE CHEESE
 CREAM CHEESE
 SOUR CREAM

BEVERAGES

COFFEE
 TEA
 JUICE
 LEMONADE
 SODA

MEAT & Fish

BEEF
 POULTRY
 PORK
 FISH
 SEAFOOD
 BACON
 SAUSAGE

FROZEN

VEGGIES
 FRENCH FRIES
 WAFFLES
 PIZZA
 ICE CREAM

CONDIMENTS

MAYONNAISE
 KETCHUP
 MUSTARD
 BBQ SAUCE
 PICKLES/RELISH
 PEANUT BUTTER
 JELLY/JAM
 SALAD DRESSINGS
 SYRUP

Baking

SUGAR
 FLOUR
 CAKE/MUFFIN MIX

CEREALS

HOT CEREAL
 COLD CEREAL
 OATMEAL

CANNED Goods

SPAGHETTI SAUCE
 TOMATO SAUCE
 TUNA

Soups: _____

Fruit: _____

Veggies: _____

Boxed Foods: _____

Rice / Pasta

MAC & CHEESE
 PASTA & SAUCE
 RICE & SAUCE

Snacks

GRANOLA BARS
 COOKIES
 CRACKERS
 POPCORN

Baked Goods

BREAD
 BAGELS
 BUNS
 MUFFINS

Other

Household

CLEANERS
 LAUNDRY SOAP
 FABRIC SOFTENER
 PLASTIC BAGS
 WRAP / FOIL
 NAPKINS
 PAPER TOWELS
 PAPER PLATES
 KLEENEX
 TOILET PAPER
 GARBAGE BAGS
 BATTERIES

PERSONAL CARE

HAND SOAP
 SHAMPOO
 CONDITIONER
 DEODERANT
 TOOTHPASTE
 MEDICINES

Baby

DIAPERS / WIPES
 FORMULA
 BABY FOOD

PET

FOOD
 LITTER

Office

Other